



Our Consultants  
2022

<b>Introduction</b>	<b>04</b>
Audiology	<b>06</b>
Breast Surgery	<b>06</b>
Cardiology	<b>06</b>
Dermatology	<b>07</b>
Dietetics	<b>08</b>
Endocrinology and Diabetes	<b>08</b>
ENT	<b>09</b>
Gastroenterology	<b>09</b>
General Surgery	<b>09</b>
Gynaecology	<b>11</b>
Haematology	<b>12</b>
Hypnotherapy	<b>12</b>
Neurophysiology	<b>12</b>
Oral and Maxillofacial Surgery	<b>14</b>
Orthopaedic Surgery	<b>14</b>
Paediatrics	<b>17</b>
Pain Management	<b>17</b>
Plastic Surgery	<b>18</b>
Podiatric Surgery	<b>18</b>
Psychiatry	<b>18</b>
Psychology	<b>18</b>
Radiology	<b>19</b>
Rheumatology	<b>20</b>
Urology	<b>22</b>
Vascular Surgery	<b>22</b>
<b>Location Details</b>	<b>23</b>
<b>Contact Numbers</b>	<b>24</b>
<b>How to Refer</b>	<b>24</b>
<b>Testimonials</b>	<b>25</b>



## About OSD Healthcare

At OSD Healthcare, our goal is to make private healthcare accessible, affordable, and stress-free. We provide outstanding care, using state-of-the-art equipment to deliver the best healthcare outcomes for every one of our patients.

### Patient-centric care

At OSD Healthcare we are dedicated to building long term partnerships with our referring community and we understand a referral requires trust and confidence in us.

### Multidisciplinary team approach

We are proud to provide patients with access to eminent consultants, leading specialists and expert nursing staff who have been chosen specifically for their knowledge and reputation in their area of expertise. These experts work tirelessly to deliver the best possible health outcomes for all our patients.

### Diagnosis to treatment, all under one roof

Patients can access an extensive range of treatments and services, getting the medical advice they need efficiently and effectively.

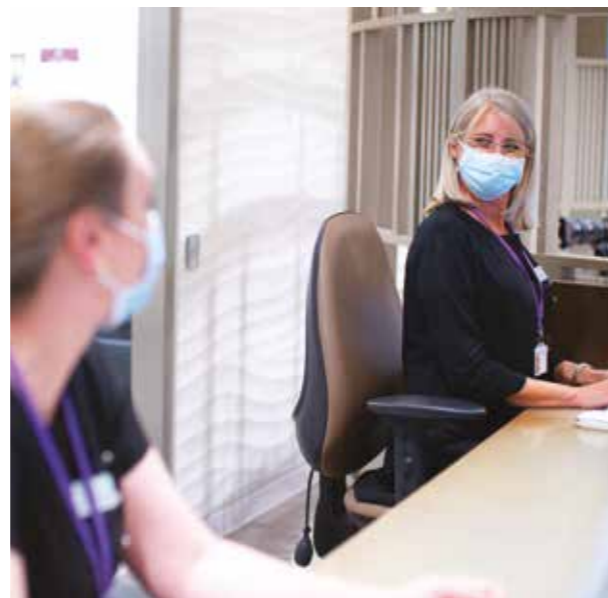
- **Private GP**  
both virtual and face to face appointments
- **Physiotherapy & Rehabilitation**  
both virtual and face to face appointments
- **Dentistry**  
including Cosmetic Dentistry & Hygienist Appointments
- **Scans & Tests**  
Xray, CT, MRI, Ultrasound
- **Outpatient Consultations**  
including Orthopaedics, Urology, Gynaecology and General Surgery
- **Day Case Surgery**  
including Orthopaedics, Gynaecology, Urology, Breast, ENT, Pain Management, General/Colorectal, Gastroenterology/Endoscopy

### First-class facility

- 12 consultation and treatment rooms
- 9 spacious en-suite patient rooms fitted to the highest standard to ensure optimal comfort
- 4 state-of-the-art dental suites
- 2 on-site day case theatres equipped with latest medical technology
- A specialist diagnostic imaging department
- A purpose-built gym for physiotherapy and rehabilitation

### Education

We are pleased to offer a series of free education sessions for your benefit, including free monthly Basic Life Support training here at OSD Healthcare. If these are of interest, please contact our Referrer Engagement Manager on: [jacqui.waterfield@osdhealthcare.co.uk](mailto:jacqui.waterfield@osdhealthcare.co.uk) or scan the QR code below to secure your place.



## Audiology

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### Dr Elizabeth Adesugba

Consultant Audiologist and  
Registered Hearing Aid Dispenser

#### Sub-specialties:

Balance/Vestibular assessments and rehabilitation  
Hearing aid and device fittings  
Hearing assessments  
Hearing protection including swim plugs  
and musician earplugs  
Tinnitus assessment and management  
Wax management

#### NHS Trust base:

Private practice only

## Breast surgery

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### Mr Kelvin Chong

Consultant Oncoplastic Breast Surgeon

#### Sub-specialties:

Advice relating to oncoplastic breast conserving surgery  
Breast cancer genetic test (BRCA 1 & 2 genetic testing)  
Breast health risk assessment  
Breast lump investigation and removal  
Breast reconstruction following mastectomy

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust

### Miss Gaural Patel

Consultant Oncoplastic Breast Surgeon

#### Sub-specialties:

Axillary node clearances  
Breast reconstruction  
Mammoplasty  
Mastectomy  
Oncoplastic procedures  
Sentinel lymph node biopsies  
Standard and image guided wide local excisions

#### NHS Trust base:

Milton Keynes Hospital NHS Foundation Trust

## Cardiology

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### Dr Jonathan Behar

Consultant Cardiologist

#### Sub-specialties:

Atrial fibrillation  
Atrial flutter  
Atrial tachycardia  
Breathlessness  
Chest pain  
Coronary artery disease  
Dizziness  
Echocardiogram  
Hypertension  
Palpitations  
Valvular disease  
Ventricular tachycardia

#### NHS Trust Base:

Guys & St Thomas Hospital

### Dr Wajid Hussain

Consultant Cardiologist

#### Sub-specialties:

Arrhythmias/palpitations  
Atrial fibrillation and the role of ablation  
Cardiac electrophysiology  
Devices: single and dual chamber pacemaker insertion  
Electrophysiology  
Electrophysiology intervention  
Electrophysiology simple and complex cardiac ablation  
Supraventricular tachycardia (SVT)  
Syncope (blackouts)  
Trans-oesophageal and transthoracic echocardiography  
Trans-oesophageal echocardiography  
Ventricular tachycardia  
Wolff-Parkinson-White (WPW) syndrome

#### NHS Trust base:

Royal Brompton and Harefield NHS Foundation Trust

### Dr Piyush Jain

Consultant Cardiologist

#### Sub-specialties:

Breathlessness  
Cardiac CT  
Chest pain  
Devices: single chamber pacemaker insertion  
Heart failure  
Heart murmurs  
Hypertension  
Palpitations  
Reporting of echocardiography  
Stress echocardiography  
Trans-oesophageal echocardiography  
Transthoracic echocardiography  
Valvular heart disease

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust

### Dr Georgios Karagiannis

Consultant Cardiologist

#### Sub-specialties:

Acute cardiac care  
Chest pain  
Coronary artery disease  
Echocardiography  
Heart attack  
Heart failure  
High blood pressure  
Preventive cardiology  
Pulmonary hypertension

#### NHS Trust base:

Royal Brompton and Harefield NHS Foundation Trust  
and The Hillingdon Hospitals NHS Foundation Trust

### Dr Tushar Kotecha

Consultant Cardiologist

Blood pressure management  
Coronary microvascular dysfunction  
General cardiology  
Heart failure assessment and management  
Ischaemic heart disease including angina and heart attack  
Primary and secondary prevention of heart disease  
(coronary risk reduction)  
Pulmonary hypertension  
Pulmonary embolism

#### NHS Trust Base:

Royal Free London NHS Foundation Trust

### Dr Jobanpreet Sehmi

Consultant Cardiologist

#### Sub-specialties:

Arrhythmia  
Advanced cardiac imaging  
Cardiomyopathy  
General cardiology  
Heart failure  
Hypertension  
Valvular heart disease

#### NHS Trust base:

West Hertfordshire Hospitals

## Dermatology

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### Dr Sharon Crichlow

Consultant Dermatologist

#### Sub-specialties:

Acne  
Allergic dermatitis and urticaria  
Eczema  
Inflammatory skin disease  
Paediatric dermatology  
Pigmentation problems  
Psoriasis  
Removal of benign skin lesions  
Skin blistering  
Skin cancer diagnosis and surgery  
Skin infections  
UVB light therapy

#### NHS Trust base:

Private practice only

**Dr Sophie Grabczynska**

Consultant Dermatologist

**Sub-specialties:**

Acne  
Blistering and inflammatory rashes  
Eczema  
General Dermatology  
Hair  
Paediatric dermatology  
Psoriasis  
Phototherapy  
Skin cancers  
Skin surgery  
Vulval and genital skin conditions

**NHS Trust base:**

Buckinghamshire Healthcare NHS Trust

**Dr Dev Shah**

Consultant Dermatologist and Mohs Skin Surgeon

**Sub-specialties:**

Acne  
Basal cell carcinoma  
Eczema  
Melanoma  
Mohs surgery  
Mole and benign lump removal  
Mole mapping and reviews  
Psoriasis  
Skin cancer diagnosis and surgery  
Sun damage  
Vitiligo

**NHS Trust base:**

Buckinghamshire Healthcare NHS Trust

**Dr Tee Wei Siah**

Consultant Dermatologist

**Sub-specialties:**

Acne  
Anti-ageing treatment with Botox and fillers  
Excessive sweating  
Hair loss  
Moles  
Pigmentation  
Rashes  
Skin cancer

**NHS Trust base:**

West Hertfordshire Hospitals NHS Trust

## Dietetics

**Ruth Conroy**

Specialist Dietician

**Sub-specialties:**

Cancer and palliative care  
Enteral tube feeding  
Gastrointestinal (digestive) conditions e.g IBS, Coeliac Disease  
Nutritional support including patients with dysphagia  
Weight management

**NHS Trust base:**

Private practice only

## Endocrinology and diabetes

**Dr Samer Al-Sabbagh**

Consultant Physician, Diabetologist and Endocrinologist

**Sub-specialties:**

Adrenal gland disorders  
Diabetic patient care  
Hypogonadism  
Parathyroid gland  
Pituitary disease  
Thyroid disorders

**NHS Trust base:**

East and North Hertfordshire NHS Trust

## ENT

**Mr David Johnston**

Consultant ENT Surgeon

**Sub-specialties:**

Ear wax removal  
FESS  
General E.N.T for Adults & Paediatrics  
Laryngoscopy  
Rhinology  
Sleep disorders  
Tonsillectomy  
Vertigo  
Voice disorders

**NHS Trust base:**

The West Herts and The Luton and Dunstable NHS Trusts

**Mr Chee Toh**

Consultant ENT Surgeon

**Sub-specialties:**

A range of Adult and Paediatric ENT conditions including:

- Ear conditions including hearing loss, tinnitus, ear infections and loss of balance
- Nasal congestion and allergy, catarrh, sinus problems and sinus surgery, nasal deformity and rhinoplasty
- Salivary gland disease and surgery, thyroid surgery, neck lumps and lymph nodes
- Snoring and sleep apnoea;
- Throat symptoms, tonsillitis, swallowing problems and voice disorders

**NHS Trust base:**

West Hertfordshire Hospitals NHS Trust

## Gastroenterology

**Dr Matthew Johnson**

Consultant Gastroenterologist

**Sub-specialties:**

Bowel disease  
Colonoscopy  
Coloproctology  
Endoscopy (including capsule endoscopy)  
Gastroenterology  
Gastrointestinal cancer  
Inflammatory bowel disease  
Lower GI colonoscopy  
Oesophageal pH, impedance and HR manometry  
Small bowel capsule endoscopy  
Upper GI endoscopy (OGD)

**NHS Trust base:**

The Luton and Dunstable University Hospitals NHS Foundation Trust

## General surgery

**Mr Gary Atkin**

Consultant General Surgeon

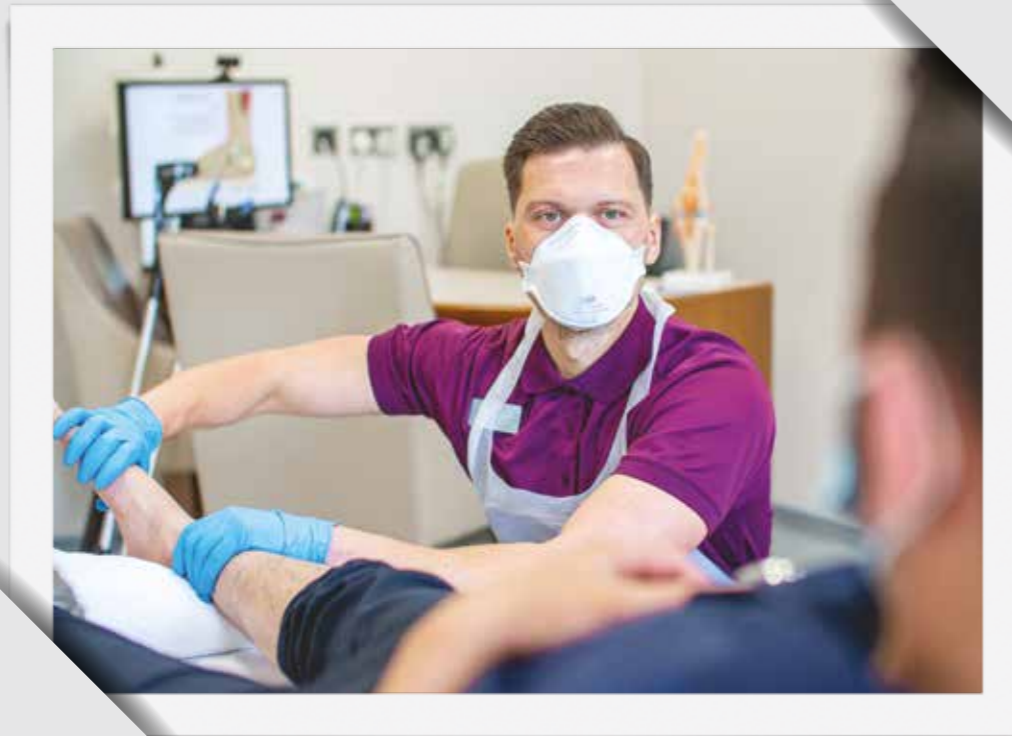
**Sub-specialties:**

Anal conditions (fissure, fistula, skin tags, pilonidal sinus)  
Bowel cancer surgery (colon or rectum)  
Cancerous conditions of the bowel (diverticular disease, Crohn's disease, ulcerative colitis) - keyhole or open surgery  
Gastrointestinal endoscopy (gastroscopy, colonoscopy, flexible sigmoidoscopy)  
Gallbladder surgery - keyhole or open surgery  
Haemorrhoid surgery (haemorrhoidectomy, HALO, stapled haemorrhoidopexy)  
Hernia surgery (inguinal, femoral, umbilical, incisional) - keyhole or open surgery  
Keyhole or open surgery for non-cancerous conditions of the bowel (diverticular disease, Crohn's disease, ulcerative colitis)  
Rectal prolapse - keyhole or open surgery  
Removal of skin lumps (cysts, lipomas, skin tags)

**NHS Trust base:**

East and North Hertfordshire





## Specialist Physiotherapy Services

Offering high-quality physiotherapy and specialist services, our team take the time to understand an individual's condition and the impact it has on their life.

Our in-house facilities include a rehabilitation gym and treatment rooms that are well equipped, air conditioned, spacious and luxurious. With easy access to medical staff and diagnostic equipment, we are part of a cohesive, multidisciplinary team.

**AlterG treadmill // Shockwave therapy // Joint injection therapy**  
**Gait analysis // K-laser // Orthotics**

 **01442 330 690**

### General surgery (continued)

#### Mr Shashank Gurjar

Consultant Colorectal & General Surgeon

##### Sub-specialties:

Anal fissure surgery  
Anal fistula surgery  
Anal warts surgery  
Colonoscopy & flexible sigmoidoscopy  
Coloproctology  
Colorectal surgery  
Haemorrhoid surgery  
Hernia repair surgery  
Hernia surgery  
Inflammatory bowel disease  
Pelvic floor dysfunction

##### NHS Trust base:

The Luton and Dunstable University Hospitals  
NHS Foundation Trust

#### Ms Santhini Jeyarajah

Consultant Colorectal Surgeon

##### Sub-specialties:

Anal fissure surgery  
Anal fistula surgery  
Cholecystectomy  
Haemorrhoids removal treatment  
Hernia surgery

##### NHS Trust Base:

East and North Hertfordshire

#### Mr Geriant Lloyd

Consultant Colorectal & General Surgeon

##### Sub-specialties:

Anal fistula surgery  
Colonoscopy (accredited BCSP colonoscopist)  
Haemorrhoidectomy  
Investigation of abdominal pain, rectal bleeding and other symptoms  
Laparoscopic cholecystectomy  
Laparoscopic and open hernia repairs (inguinal, umbilical, femoral and incisional)  
Lumps and bumps

##### NHS Trust base:

East and North Hertfordshire

#### Mr Aruna Munasinghe

Consultant Upper GI, Bariatric and General Surgeon

##### Sub-specialties:

Diagnostic laparoscopy  
Laparoscopic cholecystectomy (Gall bladder removal)  
Laparoscopic or open hernia (inguinal, umbilical, epigastric, incisional, femoral, ventral)  
Recurrent hernia repair  
Removal of lumps and bumps under local or general anesthetic  
Upper GI Endoscopy (OGD)

##### NHS Trust base:

Bedfordshire Hospitals NHS Foundation Trust

#### Mr Alastair Windsor

Consultant Colorectal Surgeon and Medical Director

##### Sub-specialties:

Anal fissure  
Anal fistula  
Colorectal cancer  
Haemorrhoid treatment  
Hernia treatment  
Inflammatory bowel disease  
Irritable bowel syndrome

##### NHS Trust base:

Private practice only

## Gynaecology

#### Miss Shahnaz Akbar

Consultant Gynaecologist and Obstetrician

##### Sub-specialties:

Adolescent gynaecology  
Fertility / Infertility  
General gynaecology and obstetrics  
Reproductive medicine and surgery  
Well women clinics/Menopause/ perimenopause

##### NHS Trust base:

Luton and Dunstable University Hospitals

## Gynaecology (continued)

### Ms Pushpa Maharajan

Consultant Gynaecologist

#### Sub-specialties:

Colposcopy  
Hysteroscopy and fibroid resection  
Hysteroscopy and polyp removal/biopsy  
Vaginoscopy and biopsy  
Vulvoscopy and biopsy

#### NHS Trust base:

Luton and Dunstable University Hospitals

### Mr Arvind Mittal

Consultant Gynaecologist and Obstetrician

#### Sub-specialties:

Advanced laparoscopic and hysteroscopic surgery  
Early pregnancy problems and miscarriage  
Endometriosis and pelvic pain  
Menopause, HRT and cancer screening  
Menstrual disorders and fibroids  
Prolapse

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust

## Haematology

### Dr Moez Dungarwalla

Consultant Haematologist

#### Sub-specialties:

Anaemia  
General haematology/haemochromatosis  
Leukaemia  
Lymphoma  
Myelodysplastic Syndrome (MDS)  
Myeloma  
Myeloproliferative disorders (MPDs)  
Thrombosis

#### NHS Trust base:

Milton Keynes Hospital NHS Foundation Trust

## Hypnotherapy

### Caroline Houlihan-Burne

Clinical Hypnotherapist

#### Sub-specialties:

Anxiety and worries of everyday life  
Bed wetting  
Breaking unwanted habits – e.g. nail biting, thumb sucking  
Depression  
Emotional problems  
Fertility  
IBS  
Lack of confidence/lack of self esteem  
Migraine  
Pain management  
Panic attacks  
Performance anxiety  
Phobias e.g. dental, flying, animal phobias  
Skin conditions  
Sleep problems  
Smoking cessation  
Snoring  
Sports performance  
Weight control

#### NHS Trust base:

Private practice only

## Neurophysiology

### Dr Antonin Gechev

Consultant Neurophysiologist

#### Sub-specialties:

Radiculopathies  
Spinal root dysfunction

#### NHS Trust base:

Royal Free London NHS Foundation Trust



## Exceptional healthcare

All patients at OSD Healthcare benefit from the gold-standard of pre and post-operative assessment, preparation and care. Our commitment to combining the skills of our healthcare professionals, with continued investment in medical technology, helps to ensure we remain focused on delivering a first-class experience, from beginning to end.

From admission to discharge you can rest assured that your patients are receiving the best possible care.

**Breast // ENT // Gastroenterology // General & Colorectal  
Gynaecology // Orthopaedics // Pain Management // Urology**

## Oral and Maxillofacial surgery

### Mr Bhavin Visavadia

Consultant Oral and Maxillofacial Surgeon

#### Sub-specialties:

Major rehabilitation and reconstruction surgery  
Mouth mucosal conditions  
Oral cancer diagnosis and treatment  
Skin cancer, local flap surgery and skin grafts  
Surgery of the head, neck, mouth, jaws, face, ears, nose, and moles  
TMJ/Jaw joint disorders

#### NHS Trust base:

London North West Healthcare NHS Trust

## Orthopaedic surgery

### Upper Limb

### Miss Tressa Amirthanayagam

Consultant Orthopaedic Surgeon

#### Sub-specialties:

Carpal tunnel syndrome  
Frozen shoulder treatment  
Ganglion removal  
Shoulder arthroscopy  
Rotator cuff repair  
Tennis and golfer's elbow  
Ulnar nerve surgery  
Upper limb sports injuries and upper limb fractures

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust

### Mr Tony Corner

Consultant Orthopaedic Surgeon

#### Sub-specialties:

Dislocations  
Fractures  
Frozen shoulder  
Impingement  
Rotator cuff tears  
Shoulder arthritis  
Shoulder pain  
Tendon & sports related injuries

#### NHS Trust base:

Private practice only

### Mr Sherif Elnikety

Consultant Orthopaedic Surgeon

#### Sub-specialties:

Hand and wrist  
Medicolegal reporting  
Shoulder and elbow  
Trauma and orthopaedics  
Upper limb surgery

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust

### Mr Andrew Irwin

Consultant Orthopaedic Surgeon

#### Sub-specialties:

Carpal tunnel syndrome  
Joint manipulation treatment  
Joint pain treatment  
Rotator cuff repair  
Shoulder arthroscopy surgery

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust

### Mr Jeremy Read

Consultant Orthopaedic Surgeon

#### Sub-specialties:

Carpal tunnel syndrome  
DeQuirvain's tenosynovitis  
Dupuytren's contracture  
Keinbocks disease  
Thumb base arthritis  
Trigger finger

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust



## Fast access to scans

With the latest technology and expertise in our QSI accredited imaging department, our world-class facility produces high-quality images and performs image-guided procedures that aid the diagnosis and treatment.

Your patients can have their scans at a time that suits them with the Radiologist interpreting the images and completing a report within 48 hours.

**CT // Mammography // MRI // Ultrasound // X-ray**

 **01442 330 690**



## Lower Limb

### Mr David Houlihan-Burne

Consultant Orthopaedic Surgeon

#### Sub-specialties:

Cartilage and ligament reconstruction surgery  
Knee surgery  
Sports injuries

#### NHS Trust base:

Private practice only

### Mr Edmund Ieong

Consultant Orthopaedic Surgeon

#### Sub-specialties:

Arthritis of the foot and ankle  
Bunions  
Foot and ankle deformities  
Ganglions  
Ligament and sports injuries  
Morton neuroma  
Tendon disorders

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust

### Mr Yegappan Kalairajah

Consultant Orthopaedic Surgeon

#### Sub-specialties:

Arthroscopy and sports injuries  
Chondral and patella femoral problems  
Knee arthroscopy  
Ligament reconstruction  
Orthopaedics and Trauma Sports injuries -  
soft tissue and bone  
Sports injuries  
Tendo achilles injuries

#### NHS Trust base:

Luton & Dunstable Hospital NHS Trust

### Mr Ben Rudge

Consultant Orthopaedic Surgeon

#### Sub-specialties:

Arthritis of the foot and ankle  
Bunions  
Foot and ankle deformities  
Heel pain  
Ligament and sports injuries  
Morton neuroma  
Tendon disorders

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust

### Mr Paul Whittingham Jones

Consultant Orthopaedic Surgeon

#### Sub-specialties:

ACL reconstruction  
Arthroscopy of the knee and hip  
Arthritis  
Conditions of the hips and knees  
Femoro-Acetabular Impingement (FAI)Trauma and  
Orthopaedics  
Sports injuries  
Hip arthroscopy  
Knee arthroscopy

#### NHS Trust Base:

West Hertfordshire Hospitals NHS Trust

## Spinal

### Mr James Langdon

Consultant Orthopaedic Surgeon

#### Sub-specialties:

Disc problems  
Neck and back pain  
Sciatica  
Spine surgery and spinal injections  
Stenosis  
Vertebral compression fractures

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust

### Mr Nana Osei

Consultant Orthopaedic Surgeon

#### Sub-specialties:

Back, neck, arm and complex spine pain  
Decompressions  
Fractures  
Kyphoplasty  
Peripheral nerve injury  
Tumours  
Vertebroplasty

#### NHS Trust base:

Private practice only

### Mr Edward Seel

Consultant Orthopaedic Surgeon

Back pain treatment  
Epidural for back pain  
Neck pain  
Neck pain with arm pain  
Sciatica

#### NHS Trust base:

Buckinghamshire NHS Trust

## Paediatrics

### Dr Anthony Cohn

Consultant Paediatrician

#### Sub-specialties:

Crying babies  
Constipation/stool withholding  
General paediatrics  
Soiling  
Wetting/bedwetting

#### NHS Trust base:

West Hertfordshire Hospital

## Pain Management

### Dr Aditi Ghei

Anaesthesia and Pain Management Consultant

#### Sub-specialties:

Back pain  
Holistic care  
Interventions in pain management  
Neuropathic pain

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust

### Dr Nofil Mulla

Pain Management Consultant

#### Sub-specialties:

Anaesthesia  
Arthritic conditions  
Cancer pain  
Fibromyalgia  
Injection therapy  
Pain management

#### NHS Trust base:

Luton & Dunstable Hospital NHS Trust

### Dr Ajoy Pandit

Consultant in Anaesthesia and Chronic Pain

#### Sub-specialties:

Chronic pain  
Neuropathic pain  
Spinal pain

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust

### Dr Attam Singh

Consultant in Pain Medicine

#### Sub-specialties:

Fibromyalgia  
Head and face pain  
Joint pain  
Neck and back pain  
Pelvic pain  
Widespread pain issues, such as CRPS

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust

## Plastic surgery

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### Mr Jag Chana

Consultant Plastic Surgeon

#### Sub-specialties:

Breast augmentation  
Blepharoplasty  
Face lift  
Liposuction  
Mini abdominoplasty  
Pinnaplasty  
Rhinoplasty

#### NHS Trust base:

Royal Free Hospital

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### Mr Prashant Govilkar

Consultant Plastic Surgeon

#### Sub-specialties:

Body contouring (tummy tuck/thigh lift/arm lift)  
Breast reconstruction  
Cosmetic breast surgery  
Hand surgery

#### NHS Trust base:

Buckinghamshire Healthcare NHS Trust

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### Mr Hyder Ridha

Consultant Plastic Surgeon

#### Sub-specialties:

Aesthetic surgery (Face, breast & body contouring)  
Non-surgical rejuvenation  
Reconstructive surgery  
Skin oncology

#### NHS Trust base:

East and North Hertfordshire NHS Trust

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## Podiatric Surgery

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### Mr John Bramall

Consultant Podiatric Surgeon

#### Sub-specialties:

Foot and arthritis (including toe joint replacements)  
Hallux valgus (bunions)  
Ingrown toenails  
Lesser toe deformities  
Metatarsalgia  
Morton's Neuroma

#### NHS Trust base:

Essex Partnership University NHS Trust

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## Psychiatry

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### Dr Sen Varghese Kallumpuram

Consultant Psychiatrist

#### Sub-specialties:

Anxiety disorder  
Dementia  
Panic disorder  
Post-traumatic stress disorder (PTSD)  
Psychosis  
Schizophrenia

#### NHS Trust base:

East London Foundation NHS Trust

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## Psychology

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### Dr Georgina Hibbert

Consultant Clinical Child Psychologist

#### Sub-specialties:

Adolescent relational difficulties  
Anxiety disorders  
Attachment difficulties/developmental trauma  
Attention deficit hyperactivity disorder (ADHD)  
Autism spectrum disorder (ASD)  
Post-traumatic stress disorder (PTSD)

#### NHS Trust base:

Private practice only

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### Miss Marie-Clare Mendham

Consultant Psychologist

#### Sub-specialties:

Adolescent mental health  
Alcohol / drug dependency  
Anxiety disorders  
Bereavement  
Dementia  
Depression  
Individual therapy  
Major trauma  
Obsessive-compulsive disorder (OCD)  
Personality disorders  
Post traumatic stress disorder (PTSD)  
Psychosis  
Substance misuse psychiatry

#### NHS Trust base:

Private practice only

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## Radiology

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### Dr Alok Arya

Autologous blood and platelet rich plasma therapy/ injections, bone and soft-tissue tumour biopsies, bone and joint injections, CT and radiographs, fluoroscopy, joint and bursal injections, MR/CT arthrograms, nerve root and facet-joint injections, orthopaedic MRI, rheumatology, sports injury imaging, ultrasound spine imaging.

#### NHS trust base:

West Hertfordshire Hospitals

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### Dr Nina Breunung-Joshi

General and breast radiology, mammography, ultrasound, breast MRI, associated interventional procedures.

#### NHS trust base:

West Hertfordshire Hospitals

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### Dr Anthony Divers

CT, general and paediatric radiology including hip and spinal ultrasound, MRI, screening, ultrasound.

#### NHS trust base:

West Hertfordshire Hospitals

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### Dr Triet Hoang

Breast screening, radiology and nuclear medicine.

#### NHS trust base:

Royal Free London NHS Foundation Trust

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### Dr Richard Hughes

MRI, spinal and musculoskeletal imaging and intervention, ultrasound and ultrasound guided therapy.

#### NHS trust base:

Buckinghamshire Healthcare NHS Trust

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### Dr Glenda Kaplan

Breast imaging and screening, CT, MRI, ultrasound.

#### NHS trust base:

Barnet and Chase Farm Hospitals NHS Trust

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### Dr Ravi Lingam

Cross sectional imaging, head and neck radiology, ultrasound.

#### NHS trust base:

Northwick Park and Central Middlesex Hospitals

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### Dr Vivek Malhotra

Autologous blood and platelet rich plasma therapy/ injections, gynaecological, MSK, ultrasound

#### NHS trust base:

West Hertfordshire Hospitals

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### Dr Uday Mandalia

General cross sectional, general ultrasound, musculoskeletal.

#### NHS trust base:

Hillingdon and Mount Vernon Hospitals

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### Dr David McKean

CT, musculoskeletal ultrasound, sports imaging.

#### NHS trust base:

Buckinghamshire Healthcare NHS Trust

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## Radiology (continued)

### Dr Preena Patel

Autologous blood and platelet rich plasma therapy/ injections, general and MSK including injections, CT and MRI.

**NHS trust base:**

Luton and Dunstable University Hospital

### Dr Oran Roche

Autologous blood and platelet rich plasma therapy/ injections, musculoskeletal imaging, musculoskeletal intervention including nerve root blocks, urology.

**NHS trust base:**

Luton and Dunstable University Hospital

### Dr Kevin Rosenfeld

CT for oncology, vascular and cardiac CT, general MRI and CT, general ultrasound.

**NHS trust base:**

West Hertfordshire Hospitals

### Dr Rachana Shukla

Cross sectional imaging, CT, general radiology, gynaecology, MRI, musculoskeletal imaging, ultrasound.

**NHS trust base:**

Luton and Dunstable University Hospital

### Dr Thomas Wilhelm

Neurology MRI / CT.

**NHS trust base:**

Royal Free London NHS Foundation Trust

### Dr Eric Woo

Chest radiology, general cross sectional, head and neck radiology, musculoskeletal, non-vascular interventional radiology, ultrasound.

**NHS trust base:**

Buckinghamshire Hospital NHS Trust

## Rheumatology

### Dr Gayatri Mittal

Consultant Rheumatologist

**Sub-specialties:**

Complex systemic rheumatic disease  
Connective tissue disease  
Early inflammatory arthritis  
Early inflammatory back pain  
Gout  
Hypermobility  
Inflammatory rheumatic disorders  
Osteoarthritis  
Osteoporosis  
Rheumatoid arthritis  
Soft tissue rheumatism

**NHS Trust base:**

Royal National Orthopaedic Hospital

### Prof Hasan Tahir

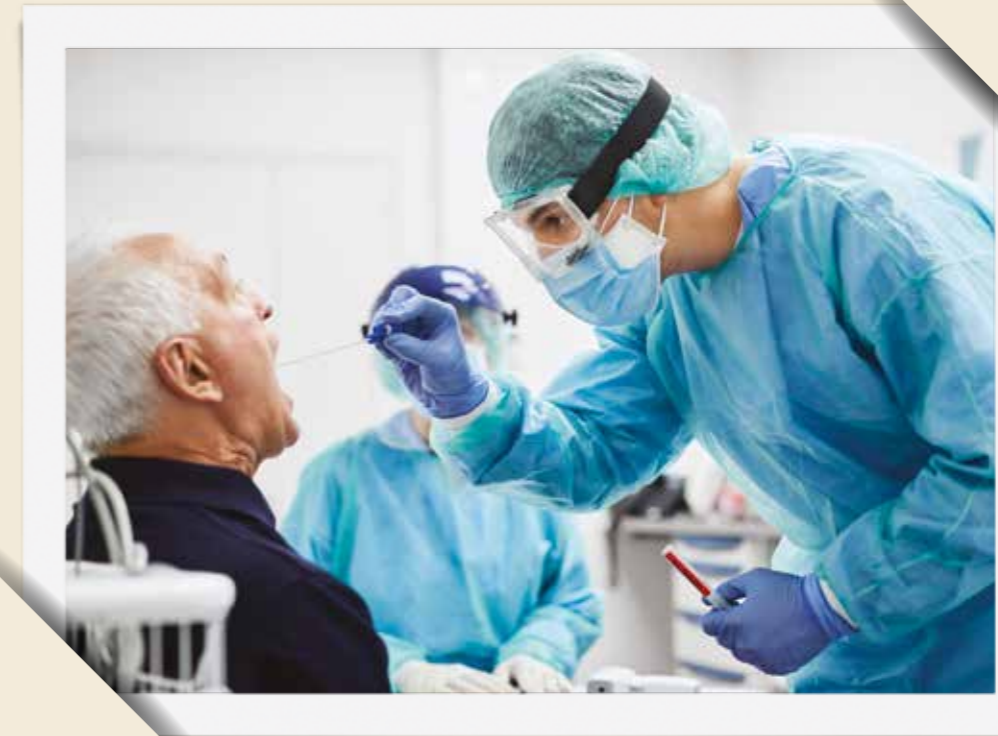
Consultant Rheumatologist

**Sub-specialties:**

Ankylosing spondylitis  
Back pain  
Connective tissue disease  
Fibromyalgia  
Inflammatory rheumatic disorders  
Lumbar spine disorders  
Osteoarthritis  
Osteoporosis  
Pain management  
Psoriatic arthritis  
Rheumatoid arthritis  
Rheumatology  
SLE (lupus)  
Soft tissue rheumatism  
Sports and exercise medicine  
Sports injury  
Tennis elbow

**NHS Trust base:**

Royal Free London NHS Foundation Trust



## We offer a range of different COVID-19 tests

### PCR TESTING

#### Swab test

For those experiencing symptoms of COVID-19 and need to know if they are carrying the virus.

Results available within 3 days

### ANTI-BODY TESTING

#### Blood test

For those who previously had symptoms of COVID-19.

Results available within 2-3 days

### FIT TO FLY TESTING

#### Swab test

For those who require a negative COVID-19 test and Fit to Fly certificate.

Results available within 2 days

**Appointments are usually available within 24 hours. Book your test today.**



## Urology

### Mr Farooq Khan

Consultant Urologist

#### Sub-specialties:

Blood in urine diagnostics (haematuria)  
Erectile dysfunction  
Incontinence  
Kidney stone treatment (laser surgery)  
Laser prostate surgery (Holep) & treatments for an enlarged prostate  
Prostate cancer diagnostics

#### NHS Trust base:

Luton & Dunstable Hospital NHS Trust

### Mr Aza Mohammed

Consultant Urologist

#### Sub-specialties:

Diagnostic urology including high PSA and blood in the urine  
Incontinence  
Men's health (erectile dysfunction, penile curvature)  
Minimally invasive treatment of prostatic symptoms  
Urinary tract infections  
Urinary tract stones  
Urological oncology

#### NHS Trust base:

Bedfordshire Hospitals NHS Foundation Trust

### Mr Asad Saleemi

Consultant Urologist

#### Sub-specialties:

Bladder lesion removal  
Circumcision  
Cystoscopy  
Epididymal cysts removal  
Kidney stones treatment  
Laparoscopy investigation and treatment  
Prostate surgery  
Vasectomy  
Vasectomy reversal

#### NHS Trust base:

Luton & Dunstable Hospital NHS Trust

### Mr Sanjeev Taneja

Consultant Urologist

#### Sub-specialties:

Cancers of kidney, bladder and prostate  
Circumcision  
Incontinence  
Investigation and treatment of blood in urine (haematuria)  
Medical and surgical treatment of prostate problems  
Prostate cancer diagnosis including PSA testing  
Prostate biopsy and MRI  
Treatment of scrotal swellings  
Urinary stones and infections

#### NHS Trust base:

Luton & Dunstable Hospital NHS Trust

## Vascular surgery

### Mr Tahir Bhatti

Consultant General and Vascular Surgeon

#### Sub-specialties:

General surgery  
Laparoscopic (keyhole) gallbladder and hernia surgery  
Modern endovascular techniques  
Thyroid surgery  
Varicose vein treatment  
Vascular surgery

#### NHS Trust base:

West Hertfordshire Hospitals NHS Trust

### Mr James Crinnion

Consultant General and Vascular Surgeon

#### Sub-specialties:

Arterial surgery  
Endocrine surgery  
General surgery  
Hernia repair (open and laparoscopic)  
Inguinal hernia repair  
Laparoscopic cholecystectomy  
Soft tissue surgery  
Thyroid/parathyroid surgery  
Vascular surgery  
Venous disease and varicose veins

#### NHS Trust:

Barts Health NHS Trust

## Location details

Your local private hospital

**OSD Healthcare  
One Medical House  
Boundary Way  
Hemel Hempstead  
HP2 7YU**

### By road

We offer free parking on site.

#### From M1

Leaving the M1 at Junction 8, take the third exit at the roundabout onto Green Lane. At the next roundabout, take the first exit and then take the second exit at the following roundabout, taking the third turning on the right. OSD Healthcare will be immediately on the right-hand side.

#### From M25

Leave the M25 at Junction 21 and travel northbound on the M1 to Exit 8. At the roundabout, take the third exit onto Green Lane. At the next roundabout take the first exit and then take the second exit at the following roundabout, taking the third turning on the right. OSD Healthcare will be immediately on the right-hand side.

### By train

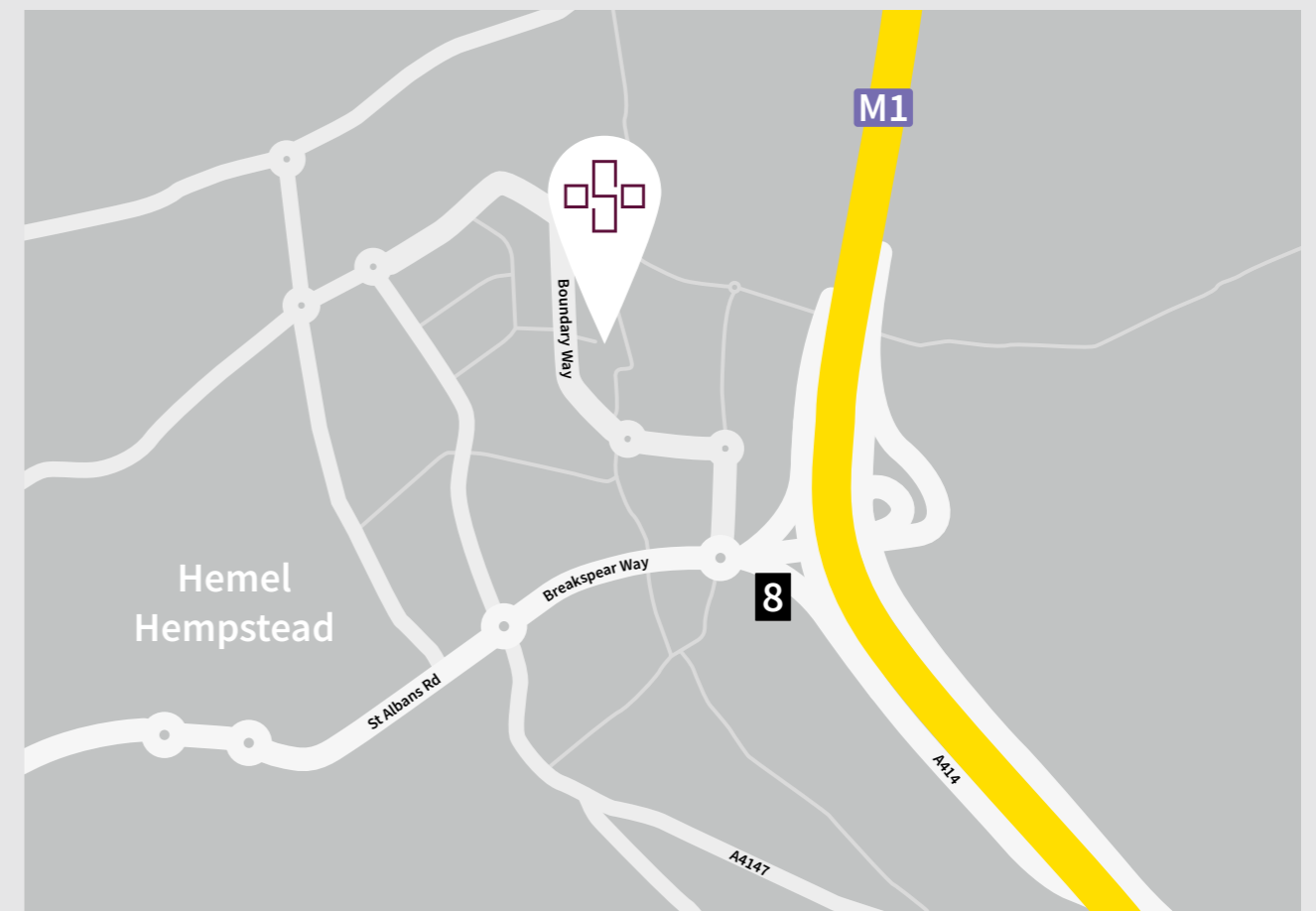
The closest train station to OSD Healthcare is Hemel Hempstead.

There are usually taxis available outside the station or you can pre-book Choice Taxis on 01442 246000.

## Contact us today

[www.OSDhealthcare.co.uk](http://www.OSDhealthcare.co.uk)

Call 01442 331 900



## Hospital contacts

Main Hospital  
Phone: **01442 331 900**

Outpatient Department  
Phone: **01442 331 944**

Diagnostic Imaging  
Phone: **01442 331 985**

Physiotherapy  
Phone: **01442 331 900**

## Key contacts

Chief Executive Officer: Ray Guirguis  
Mobile: **07800 565 614**

Head of Nursing: Shieryl Jonatas  
Mobile: **07398 739 506**

Associate Director of Business Development:  
Tom De Lacy  
Mobile: **07904 034 573**

Referrer Engagement Manager: Jacqui Waterfield  
Mobile: **07508 535 716**

## How to refer

At OSD Healthcare we are dedicated to building long term partnerships with our referring community and we understand a referral requires trust and confidence in us. Your key contact when it comes to referring patients is our Referrer Engagement Manager, Jacqui Waterfield.

Referral forms for both diagnostic and outpatient consultations can be found on our website at: <https://osdhealthcare.co.uk/professionals/>

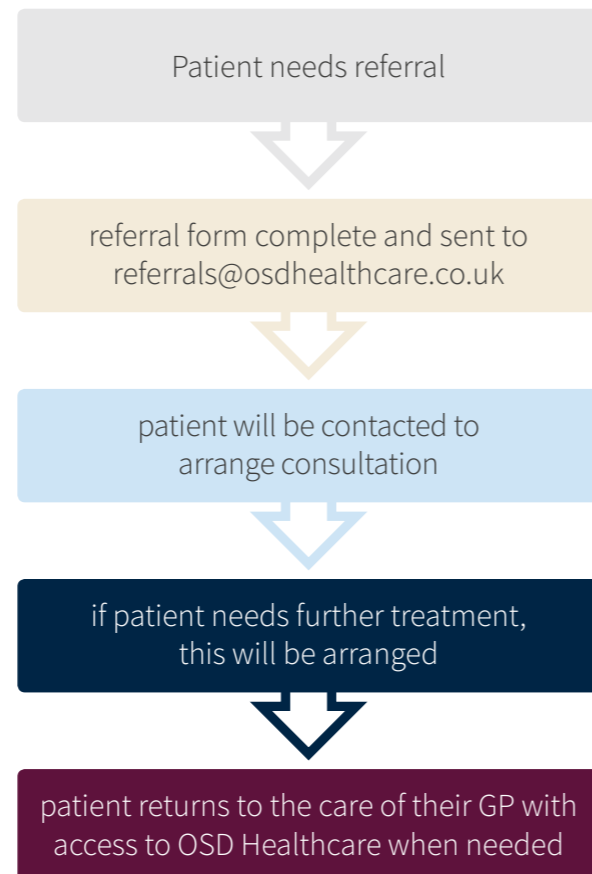
Please return complete referral forms to [referrals@osdhealthcare.co.uk](mailto:referrals@osdhealthcare.co.uk), and they will be dealt with in a timely manner.

If you have any questions or need further information, Jacqui will be on hand to point you in the right direction.

 **07508 535 716**

 [jacqui.waterfield@osdhealthcare.co.uk](mailto:jacqui.waterfield@osdhealthcare.co.uk)

## Referral pathway



## Testimonials

### Patient Feedback:

First class in every way. Friendly and caring, the best hospital experience I have ever had, and I have had quite a few.

Staff were very friendly and helpful. I would highly recommend everyone to this hospital. By far this is the best healthcare appointment I have ever attended in England.

Excellent service in a setting that was more like a luxury hotel! Very friendly, helpful staff. A very positive experience, many thanks.

I saw Physiotherapist Amanda for a back injury from playing Golf. The result is that I am back playing and stronger than before, all pain free. Great facility and very friendly environment.

Formal and efficient service at reception. Very caring service leading to the MRI scan and reassurance by a kind gentleman. A good experience in a beautiful surrounding.

Very friendly and helpful staff on our arrival, covid friendly. Gave us a cup of coffee at the end of the treatment. All over, very calming and not rushed. Thank you to everybody at OSD Healthcare.

If you have to be in hospital you couldn't wish for a more comfortable environment with caring, professional and knowledgeable staff. I highly recommend and a thank you to all the staff who took care of me, from the checking in receptionist, the lady that buttered my toast for me, and the nurse who escorted me to my wife picking me up in the car park and everyone else in between.

Daniel my physio was absolutely amazing. The man is a magician!! A true credit to his profession.

### GP Feedback:

#### Virtual Education

Thank you, vital help during lockdown to keep on top of CPD.

Wonderful ongoing service many thanks indeed for all your efforts.

It was an excellent talk and had enough time covering all questions, thank you.

As usual, excellent.

One of the best ENT talks I've attended.

#### BLS Training

Thank you for organising such a great session in a lovely environment with an excellent trainer and a perfect goody bag.

Best BLS and anaphylaxis training I've ever been to, and I've been to a lot in my time!

I had a fantastic time and Esther was really thorough.

Excellent session with the best practical session I've ever been to.

Notes

Lined area for notes, consisting of 15 horizontal lines.







**OSDhealthcare.co.uk**  
**01442 331 900**

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Hemel Hempstead,  
Hertfordshire  
HP2 7YU

OSDhealthcare/

