

PRIVATE HOSPITAL



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At OSD Healthcare, we offer patients access to an extensive range of specialist services. Making private healthcare affordable and accessible, we provide outstanding patient care - 7 days a week, 365 days a year.

We work closely with leading consultants, dedicated clinical teams, nurses and support staff to provide outstanding care with a team approach. Our commitment to combining the skills of our healthcare professionals, with continued investment in medical technology, helps to ensure we remain focused on delivering the best possible care to our patients.

We have recently extended our service offering with the opening of our new day case theatres on site. Patient pathways and continuity of care are of the utmost importance to us and we believe that the ability to offer consultations, testing, imaging and surgery under one roof will positively impact our patients experience with us.

Our aim is to provide the very best in healthcare in the fastest possible time. No case is too small, and every case is as important to us as it is to you.

We look forward to welcoming you to OSD Healthcare.



Pay Anirguis

Hospital Director

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Our hospital

Our beautifully spacious hospital building features 12 consultation and treatment rooms, a purposebuilt gym for physiotherapy and rehabilitation, four state-of-the-art dental suites and a specialist diagnostic imaging department, enabling us to offer expert consultations, scans, tests, investigations and treatment, all under one roof. We have recently opened the doors to our Day Case Surgery Unit, equipped with 2 integrated day case theatres with laminar flow and 9 en-suite patient rooms.



When you're one of our patients, you can be confident that you're in the best possible hands. You'll be cared for by world-leading consultants and nurses and have access to an exceptional standard of treatments and services. We continually invest in the latest technologies and use the most advanced techniques across all major areas of medicine.

Consultants

When you need specialist medical advice, including fast diagnosis and immediate treatment, you can be reassured our Consultants are experts in their fields. Make an appointment directly with us or by referral from your GP or private medical insurance company.

Dentistry

Whether you're after a biannual check-up and visit to the hygienist or specialist dentistry such as implants and orthodontics, or cosmetic work for a beautiful smile, we have all the dental treatments you need under one roof.

Diagnostics

Our diagnostic services include the very latest technology including MRI and CT scans, X-ray and CBCT, Ultrasound, 3D Mammography and a full blood laboratory.

Private GPs

Our experienced team of GP's offer same day appointments, both face to face and virtually, 7 days a week. Supported by our on-site pharmacy and rapid delivery prescription service, we can meet all of your general healthcare needs.



From our purpose-built clinic, our expert chartered physiotherapists offer the very latest diagnostics along with a full range of specialist physio treatments including pre and post-operative rehab, support during and after cancer treatment, relief of respiratory conditions and physio specifically tailored to men's and women's health.





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Specialist Consultants

Our Consultants and medical professionals carry out a wide range of procedures across all areas of medicine.

Breast health

For the rapid diagnosis, advice and treatment for all breast problems including on site breast screening and access to X-Ray and Imaging services.

Cardiology

For early diagnosis and expert treatment of heart disease and cardiac abnormalities.

Dermatology

For skin changes, unusual rashes, abnormalities of any kind or concerns with hair or nails.

ENT

For the comprehensive diagnosis and treatment of all conditions affecting the Ears Nose and Throat, as well as the investigation of head and neck disorders.

Gastroenterology

For the expert treatment of disorders of the digestive system addressing all aspects of bowel, liver, and pancreatic health.

General surgery

Primarily focused on the abdominal organs, as well as other types of surgical procedures for blood vessels, glands, skin, and cancer treatment.

Gynaecology

For conditions and concerns related to the female reproductive system and feminine health.

Mental health and wellbeing

For treatment of conditions which effect mental wellbeing from depression and anxiety to self-esteem and stress management.

Neurology

For diseases that affect the brain or central nervous system such as persistent headaches, epilepsy, strokes, Parkinson's Disease, and movement disorders.

Orthopaedics

For conditions and concerns related to your muscles, bones, joints, ligaments, and tendons.

Pain Management

For the evaluation, treatment and prevention of pain including chronic, acute and cancer pain.

Respiratory

For conditions of the chest including severe asthma, tuberculosis, cystic fibrosis, pneumonia, and lung disease.

Rheumatology

For the diagnosis and treatment of auto-immune diseases that affect the joints, bones, muscles and connective tissue.

Sports medicine

For repetitive strain injuries from everyday life or sport, as well as muscle and bone injuries including to the spine, shoulder, knee and ankle.

Urology

For diseases of the urinary or reproductive tracts in men, and urinary conditions in women.



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GP services

GP Membership

We offer a highly competitive GP membership plan. For a monthly fee you can have access to unlimited GP appointments as well as discounts on treatments and procedures.

Face to face and virtual consultations

Our experts can see you in clinic, 7 days a week, 365 days a year. We also offer video consultations allowing you to connect with our experts from the comfort of your own home.

Health Assessments

We can provide a comprehensive health check that gives you time with our expert GPs and nurses to explore your current state of health and any health concerns you may have.

Immunisations

Many serious childhood diseases are preventable and we are able to offer a complete range of recommended and specialist vaccinations.

Medical reports

We are able to provide official medical health reports if you need one for any reason, such as for your insurance company or place of work. We can also provide medical reports for drivers (HGV, buses etc.) and pilots.

Repeat prescriptions

We can dispense many medicines in-house and can provide a private repeat prescription delivery service for chronic illnesses to your home or place of work.

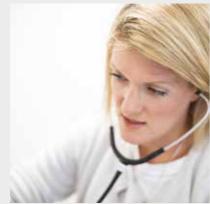
Specific concerns

For the treatment of simple conditions or the management of multiple problems, we can help from initial assessment to immediate treatment, providing urgent prescriptions and general advice.

Travel services

An on-the-spot service for vaccines, travel medicines, visa examinations and advice for all destinations.





Diagnostic imaging

At OSD Healthcare, we have a fully equipped diagnostic imaging department where we provide the following services:

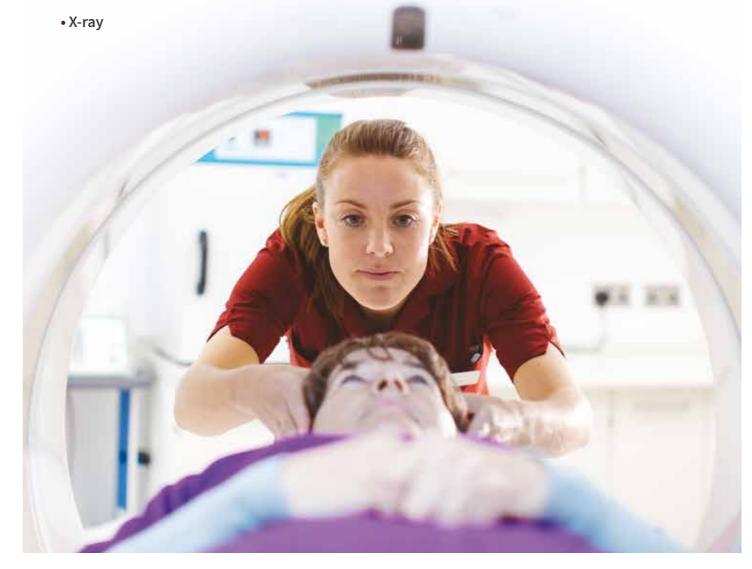
- CBCT
- CT 64 slice
- Imaging guided procedures such as pain relief and steroid injections
- Mammography 2D and 3D
- MRI 1.5 (wide/short bore)

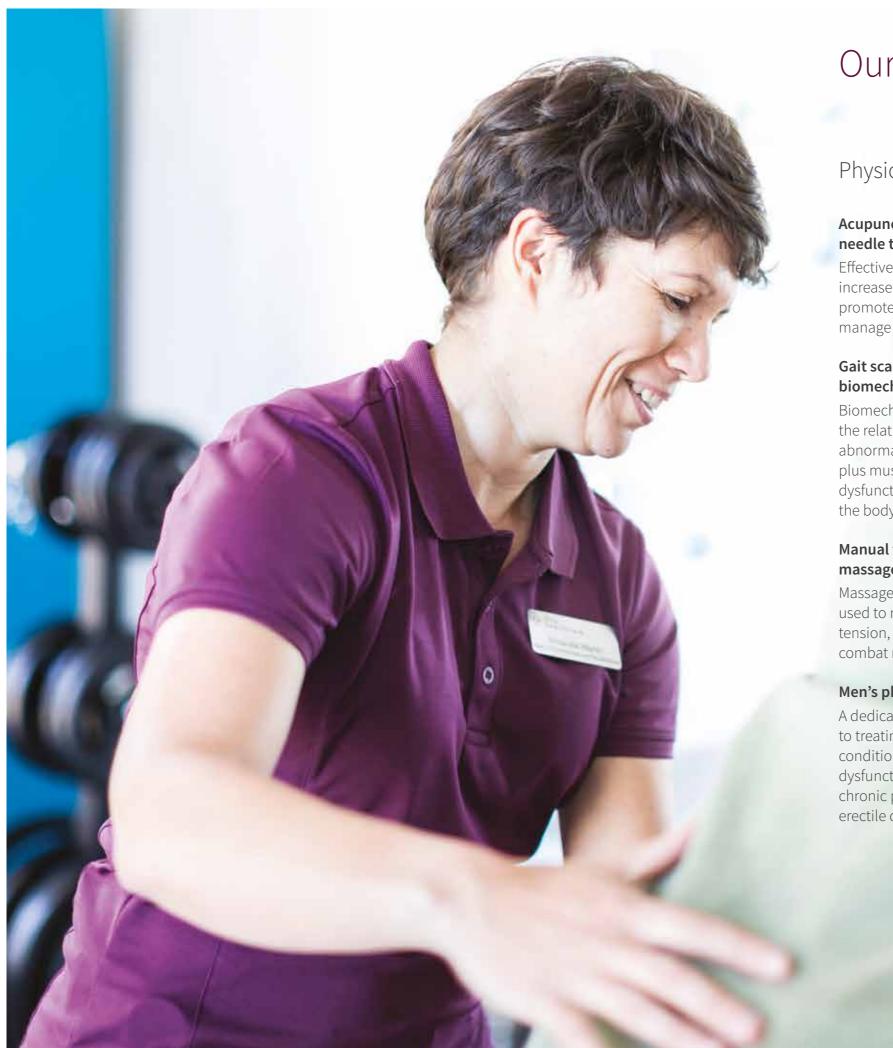
Ultrasound



OSD Healthcare is the 30th organisation to receive UKAS accreditation against the requirements of the Imaging Services Accreditation Scheme (ISAS), now known as the QSI (Quality Standards in Imaging), in recognition of the quality of our diagnostic imaging service.

The QSI is the only nationally recognised accreditation scheme available for imaging services in the UK. It is approved by CQC for use in hospital inspection methodology and strongly endorsed by NHSE.





Physiotherapy

Acupuncture or dry needle therapy

Effective for pain relief, to increase circulation and promote healing, and to help manage chronic pain.

Gait scan & biomechanical analysis

Biomechanics focuses on the relationship between abnormal foot function, plus muscular and skeletal dysfunction in other areas of the body.

Manual therapy & massage

Massage techniques are used to reduce friction, ease tension, relieve pain and combat muscle spasms.

Men's physiotherapy

A dedicated approach to treating male health conditions such as sexual dysfunction, incontinence, chronic pelvic pain and erectile dysfunction.

Post cancer

Treatment of side effects of cancer and cancer treatments, such as tiredness, osteoporosis and lymphedema. We also offer post-cancer care and advice to help you get active.

Shockwave therapy

For the treatment of chronic tendon and ligament problems such as tennis elbow, lower back pain, knee and hip pain, achilles tendinopathy and heel spurs.

Sports injuries & rehabilitation

We can help you reduce pain and inflammation, restore strength, flexibility and power to regain maximum function following any injury.

Women's physiotherapy

For pre and post-natal concerns such as back pain and sciatica, as well as pelvic floor dysfunction, bladder and bowel problems.





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Dentistry

Braces, Invisalign and 6-month smile

Our dentists can recommend the right braces for your precise needs to treat problems such as crooked and crowded teeth, over-bites and under-bites.

Dentures

Dentures are a removable plate or frame used to fill gaps for missing teeth, custommade for your mouth.

General dentistry

For your 6-month check-up and expert preventative advice, simple fillings, fissure sealants and inlays.

Gum disease

We can help keep your gums as healthy as possible with expert advice and support to prevent plaque build-up and infection.

Hygienist services

For professional cleaning and expert advice on how to maintain a healthy mouth and smile.

Implants

Dental implants are used to replace one or more missing teeth to give you permanent, lasting, natural-looking results.

Root canal

Root canal treatment can save your teeth when they may otherwise need to be extracted.

Teeth whitening

Over time teeth can become discoloured so we can recommend safe whitening options to restore a bright smile.

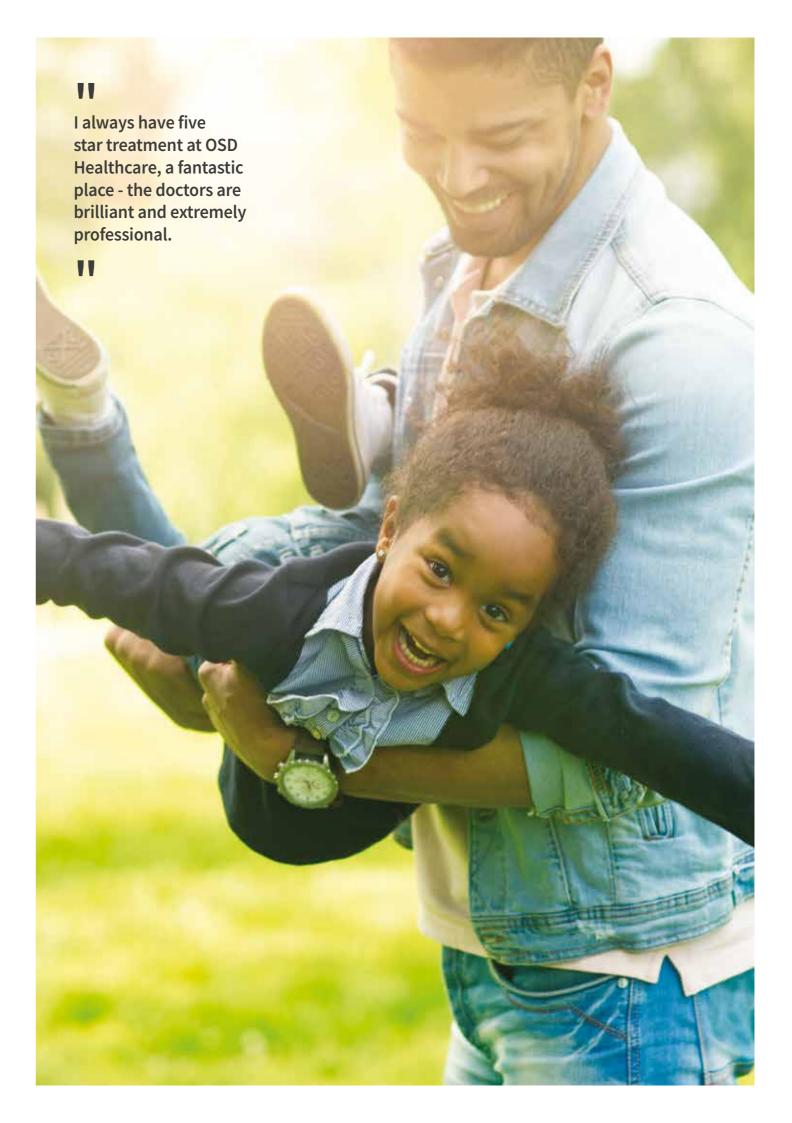
Veneers

These thin plastic resin or porcelain pieces can help correct poorly formed or mal-positioned teeth as well as close gaps or cover stains.









Your visit

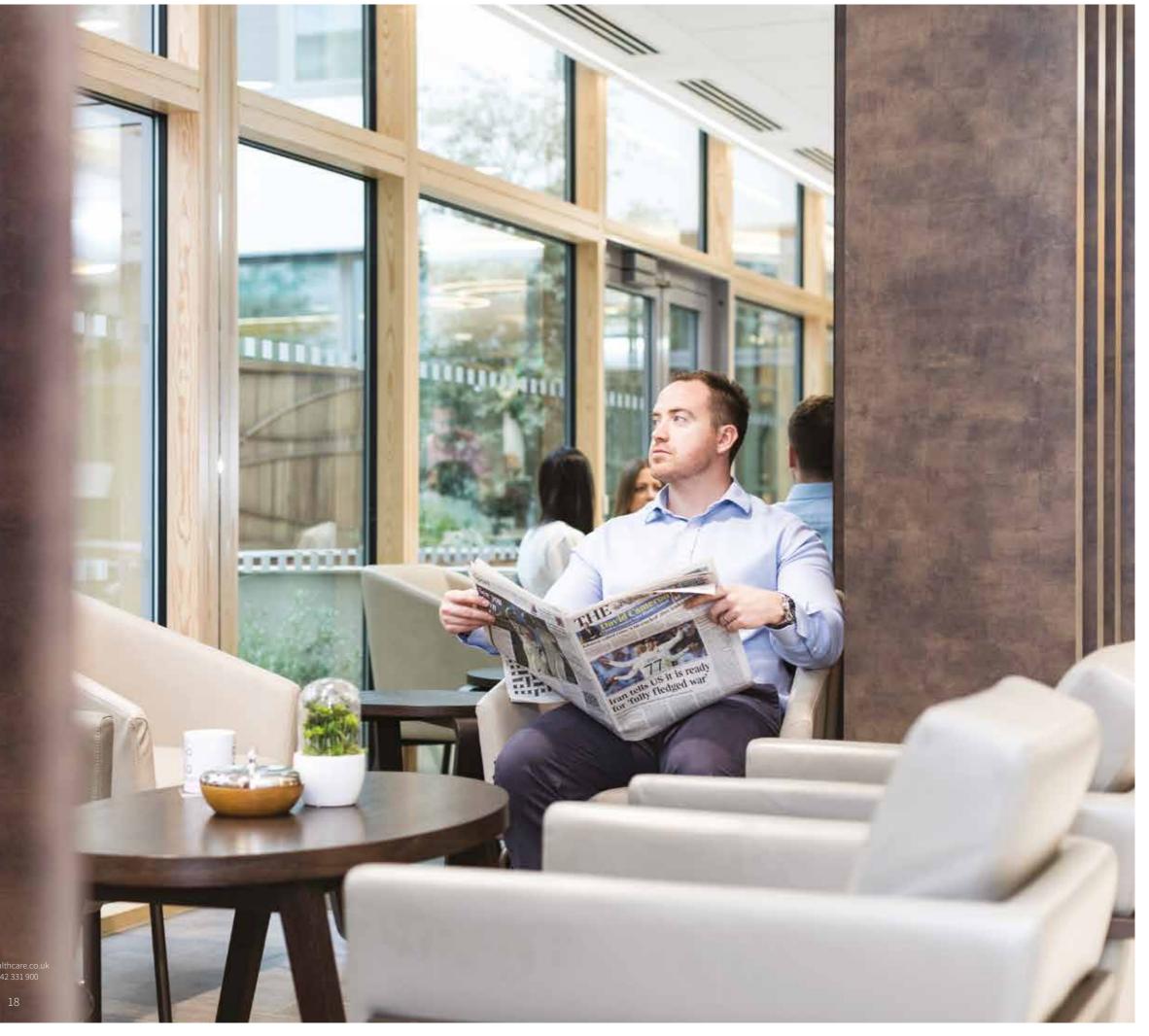
We don't want your treatment to disrupt your day. We design each visit carefully to minimise unnecessary waiting. Wi-Fi throughout the clinic, complimentary hot and cold drinks and toys for children help make your visits relaxing, while friends, family and chaperones are shown to a dedicated waiting area during your appointments.

Convenient

We want to make our patients lives as easy as possible. With medical advice and diagnostics all under one roof, seven days a week, you won't need to change your routine to fit in with us.

Weekdays 8am - 8pm
Saturday 9am - 4pm
Sunday 10am - 2pm

With free parking and a location that is easily accessible from Herts, Beds, Bucks and North London we provide a convenient and easy-to-use service on your doorstep.



Get in touch

To book an appointment or for more information:

Call **01442 331 900**

Email Enquiries@osdhealthcare.co.uk

Visit **OSDhealthcare.co.uk**

You can choose to make an appointment with a GP, dentist, consultant or nurse directly.
Alternatively, you can use your private medical insurance cover.

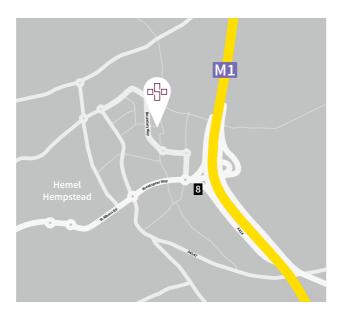
We can advise and guide you to the relevant doctor or practitioner and, if you wish, keep your NHS GP informed.

Affordable

Our pricing is clear and competitive. We offer the choice to pay for your treatments on the day, use your private medical insurance or spread your medical costs.

Corporate Enquiries

We continuously work to develop and foster relationships with organisations, including sports clubs and corporate partners. If you have a corporate enquiry, you can contact our **Business Development team** directly on **07904 034 573**



From M1

Leaving the M1 at Junction 8, take the 3rd exit at the roundabout onto Green Lane, at the next roundabout take the first exit, go straight on at the next roundabout and take the 3rd turning on the right, OSD Healthcare will be immediately on the right-hand side.

From M25

Leave the M25 at Junction 21 for the M1 and travel northbound to Exit 8. At the roundabout take the third exit onto Green Lane, at the next roundabout take the first exit, go straight on at the next roundabout and take the 3rd turning on the right, OSD Healthcare will be immediately on the right hand side.

Hemel Hempstead Station

There are usually taxis available outside the station, or you can pre-book Choice Taxis on 01442 246 000. Alternatively, there is a bus service to the Maylands Business Park and Boundary Way, look for the number ML1.

Notes

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> OSD Healthcare, One Medical House, Boundary Way, Hemel Hempstead, HP2 7YU